

## "UR" safety starts with "U"



## For Emergencies Dial 9-1-1. It will be very important to give

your location so we can send you help as quickly as possible.

Not feeling safe to talk? Don't want to talk in front of the person you are nervous about? You can also **TEXT** 

**9-1-1** from anywhere in San Diego County.

MTS security also has a text line: 619-318-1338

You can also call MTS security at 619-595-4960

Here are some things you can do to help keep yourself safe while on the light rail or other public transportation:

## Be aware of your surroundings:

- Don't let your headphones keep you from hearing horns, sirens or important announcements or distract you from hearing things around you.
- Look up from your phone or tablet every now and then. Know who and what is around you.
- Keep your phone, purse, and wallet close to your body, with smaller valuable items in your front pockets.
- If you don't need your items keep them put away, no need to show others what you do or don't have on you.
- Cell phones and handheld electronics are popular items to be stolen. It is hard to call for help when your cell phone has been stolen.
- Be aware of the nearest exits and emergency call boxes at stations.
- When there aren't many people riding try to sit as close to the operator as possible.
- If someone bothers you on the train, notify MTS staff, and move to a different car at the next stop.
- If you are attacked, scream or yell to bring attention to your situation.
- Stay in well-lit areas near groups of people whenever possible, while staying 6 feet apart.
- Watch out for people who take more than a passing interest in you or your belongings.
- Look both ways before crossing the tracks or the street. Trains and Trolleys always have the right away.

## For other information please visit <u>https://www.sdmts.com/</u> or <u>https://police.ucsd.edu/</u>







